



# Fraydo the Dragon: A Very Big Problem!

## DISCUSSION GUIDE

Friendship • Empathy • Self-Awareness • Problem Solving



### ► Picture Book Summary

*Fraydo the Dragon: A Very Big Problem!* is a fun and humorous story for children about friends solving a problem together. It also carries an important, underlying message about early poor-vision detection for all parents and educators.

This book and supporting discussion guide aim to invoke critical thinking skills around these important topics: understanding friendships & differences, developing empathy, and building upon one's own self-awareness to problem solve.

### ► Understanding Friendships & Differences

- Which character can you relate to in today's reading and why?
- What message would you send to Fraydo or Pee Wee?
- Why do you think Fraydo finally listened to Pee Wee?
- Do you think it was hard for Fraydo to make friends? Why?
- What do you think Fraydo and Pee Wee have in common? How are they different?
- It must have been hard on Pee Wee when Fraydo wouldn't listen to him. How do you think Pee Wee handled this frustration?
- Do you have your own experience to share?

### ► Developing Empathy & Compassion

- What problems does Fraydo face? What would it be like to have Fraydo's problems?
- Do you think Fraydo is sad? Why?
- Why didn't anyone want to play with Fraydo? Do you have your own experience to share?
- Why do you think Pee Wee wanted to help Fraydo?
- Have you ever taken the time to understand why a classmate was unhappy or seemed upset?

### ► Building Self-Awareness & Problem Solving: A Vision Survey\*

- Do you have headaches when you read or write?
- Do words or sentences slide together or get blurry when reading?
- Do you lose your place when you read?
- Is it hard to copy words from the board?
- Is it hard to write in a straight line?
- Do you hold the book super close to see all the letters?
- Do you get tired fast when you try to read?

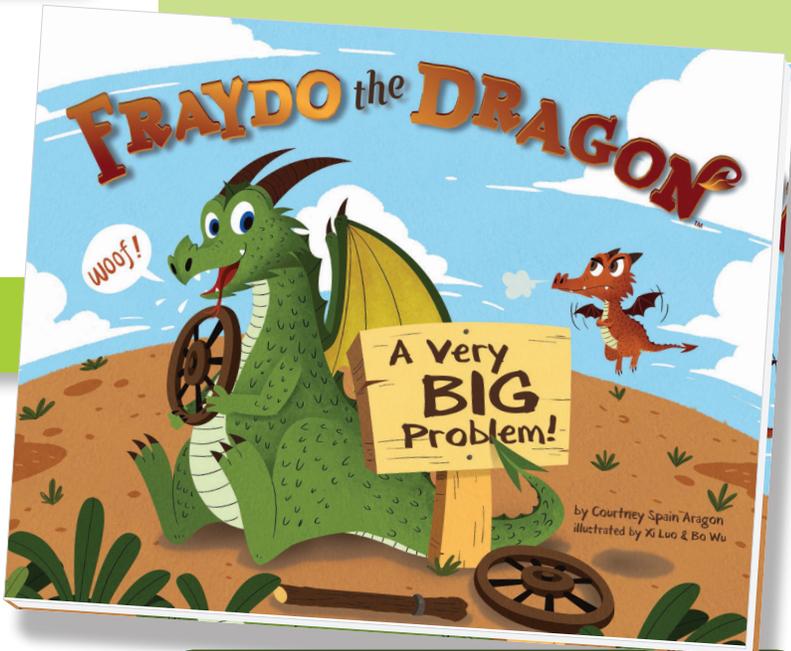
\*Vision survey questions by *Eyes Can Learn*®

Why is a conversation about VISION HEALTH important?

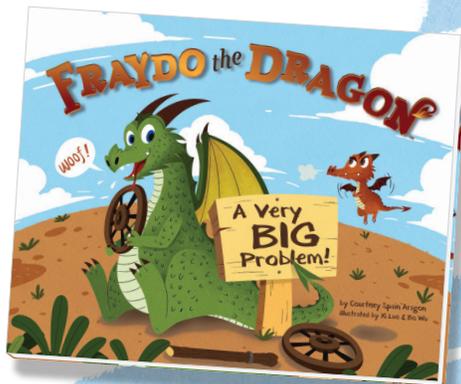
*Did you know....*

**Vision problems among young children often go undiagnosed and uncorrected?**

- One in four school-age children have a vision problem. And yet, two-thirds of our children do not receive an eye exam by an eye doctor before they begin school.
- 80% of what children learn is visual and solid vision is imperative to keeping up in the classroom and on the playground.
- Any undetected vision issue can compromise not only a child's academic success and joy of learning but also his social confidence.
- Young eyes change quickly, and prompt treatment is needed in order to prevent, correct, or stabilize any vision issue.



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# Reviews for *Fraydo the Dragon* What readers are saying about the book!

“ Thank you, Little Fire Press, for bringing *Fraydo the Dragon: A Very Big Problem!* and its message of preventative childhood eye care to our parent community. **Fraydo represents the majority of children who are not even aware that their vision is compromised.** These kids do not complain. Often the only clue is that they can’t catch a ball or are struggling with reading. Then one day, if they are lucky,

they find their way to a pediatric eye doctor. The vision problems are addressed, and for the first time in their lives, their eyes can see accurately, work comfortably, and move efficiently. Young eyes develop rapidly. A child without any risk factors should be examined between 6 and 12 months of age, around age 3, before first grade, and every two years afterward unless a vision problem has been detected.”

— Dr. Jeremy Shumaker, OD  
Pediatric and Developmental Optometrist  
Clinical Faculty, UC Berkeley School of Optometry

“ As a child, learning to navigate this world is tough. But it’s next to impossible when you cannot see! Thank you, Little Fire Press, for publishing *Fraydo the Dragon: A Very Big Problem!* My kids love the story and are delighted when Fraydo finally gets his glasses. This book is both **entertaining and enlightening** about the importance of childhood vision health.”

— Kelly Murphy, parent

“ Little Fire Press’ debut children’s book, *Fraydo the Dragon: A Very Big Problem!*, is the first picture book to play out the **behavioral and social consequences** associated with poor vision. It is a fun story for children that also carries an important message about early poor-vision detection for all parents, caregivers, and educators.”

— Claudia Grove, M.ED QMHP

“ *Fraydo the Dragon: A Very Big Problem!* sheds light, in a **humorous and thoughtful** way, on the significance of childhood vision health. Educators know that so much of learning is visual and that an undetected vision issue can compromise a child’s academic success, classroom confidence, and joy of reading and learning. Thank you, Little Fire Press, for offering a creative way to begin an important conversation about the health of our children’s eyes.”

Kate Anderson, Educator, M.S. Ed.



**Fraydo the Dragon Series**  
Driving deeper conversations  
within the community

**Friendship • Empathy**  
**Problem Solving • Self-Awareness**

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Light your fire. Burn it bright.

Hello! We are Little Fire Press.

Our picture book stories take on childhood development themes and help children begin a conversation with the people in their lives that they trust the most.

Our picture books, website, discussion guide, and supporting STEAM programs work together to bring vital research data to the community.